

---

MEMORIAL MERITS

# Legacy Letter

## Writing Companion

---

---

*A drafting companion for the letter  
your family has been waiting for.*

Name: \_\_\_\_\_

Date: \_\_\_\_\_

---

*memorialmerits.com | Sanctuary, not sales floor.*

## Share This Resource Freely

This workbook is free to print, share, and distribute with branding intact. No permission needed.

Whether you are a grief counselor, estate attorney, financial planner, hospice worker, or family member helping a loved one get started, this workbook is yours to use. Pass it along, print it for a client, leave it in a waiting room.

*Find this workbook and all Memorial Merits free resources at the vault below.*



[memorialmerits.com/free-resources/](https://memorialmerits.com/free-resources/)

# How to Use This Workbook

---

This is not a guide to read. It is a workspace to write in. Every section is designed to move you closer to a finished letter, one step at a time.

## Four Sections, One Purpose

Section 1 helps you decide who you are writing to and in what order. Section 2 gives you a reflection workspace to mine your memories before you draft anything. Section 3 is your drafting space, one page per person, with a single prompt at the top to break through the blank page. Section 4 is a short checklist for preserving and delivering what you write.

## A Note on How to Start

Begin in Section 1. Choose one person. Then go to Section 2 and work through only the prompts that feel most alive for that person. You do not need to complete every prompt. You need the two or three that unlock something real. Then go to Section 3 and write.

### Short on time?

Go directly to Section 2. Pick one person. Choose one category. Answer one prompt. Write whatever comes. You can return to the rest later.

*Twenty minutes of honest writing is worth more than a perfect letter you never start.*

## A Note on Perfection

The people receiving this letter are not hoping for polished prose. They are hoping for something true from someone they love. Write the way you speak. That is enough.

# Section 1: Who Am I Writing To

---

A letter written to everyone at once tends to say nothing specific to anyone. Before you write a single word, decide who comes first. Use this page to map out every person you want to reach, then circle or mark the one you will write to first.

You can write as many letters as you need. One at a time.

Recipient Name	Relationship	Write First?	The One Thing I Most Want Them to Know

## Who I Am Writing to First

Name: \_\_\_\_\_

Why this person, why now:



## Section 2: Reflection Workspace

---

Use this section before you open your draft. The best legacy letters are built from specific memories, not general principles. Work through whichever prompts feel most alive for the person you are writing to. You do not need to answer every question.

### Your Values and What Shaped Them

Not a list of values. The story of where they came from.

*What is one value you hold that most people would be surprised to know came from a difficult or painful experience?*

---

*Who showed you what mattered most in life, and what specifically did they do that taught you without words?*

---

*What belief have you changed your mind about over time, and what caused the shift?*

---

## Life Lessons You Learned the Hard Way

*What is one thing you wish you had understood at twenty-five that you want this person to know before they have to learn it themselves?*

---

*What risk did you take that changed your life, and what would you tell them about the decision to take it?*

---

*What mistake cost you something real, and what did you learn from it that you would not trade away?*

---

## Stories They Might Not Know

*What is one chapter of your life that happened before this person knew you that shaped who you became?*

---

*What moment of failure or loss do you rarely talk about that quietly redirected your life?*

---

*What are you most proud of that you have never said out loud?*

---

## Words Meant Only for Them

*What have you noticed about this person over the years that you have never said clearly enough?*

---

*What moment with this person do you carry with you, and do they know what it meant to you?*

---

*Is there anything between you that has gone unsaid for too long? What would you say now?*

---

## What You Hope for Them

Not instructions. Not expectations. What you genuinely wish for this person, independent of what they choose.

*What do you hope they find, feel, or become in the years ahead?*

---

*If they are ever in a hard season and they read this looking for something to hold onto, what do you want it to say?*

---

*What do you want them to know about how you felt about the life you shared with them?*

---

## Section 3: My Letter Draft

---

This is the part where you stop preparing and start writing.

Each template on the following pages is one page. That is intentional. Not because a legacy letter should be short, but because a single page removes the pressure of producing something large. Write what fits. If you fill the page and need more room, keep going on separate paper or open a document. The template is a starting point, not a container.

Three templates are included. They are identical and unlabeled. Write to one person per page. If you need more, print the template page again as many times as you need.

Before you begin: go back to Section 2 and find the two or three prompts that felt most alive for the person you are writing to. Keep those notes nearby. You are not starting from nothing. You already did the work.

### **How to use the anchor prompt**

Each template begins with the same line: "I am writing this to you because..." That line is there for the moment the blank page feels impossible. You can follow it directly, ignore it entirely, or cross it out and start with something else. It is a door, not a script.

---

**Writing to:** \_\_\_\_\_

**Date:** \_\_\_\_\_

---

*I am writing this to you because...*

---

*Memorial Merits | Sanctuary, not sales floor.*

---

**Writing to:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*I am writing this to you because...*

---

*Memorial Merits | Sanctuary, not sales floor.*

---

**Writing to:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*I am writing this to you because...*

---

*Memorial Merits | Sanctuary, not sales floor.*

## Section 4: Preserve and Deliver It

---

A letter no one can find serves no one. Work through this checklist once your letter is written. You do not need to complete every step on the same day you finish writing.

### Physical Copy

- Printed a clean final copy of my letter
- Stored with my estate documents (will, advance directive, trust)
- Told my executor or a trusted person where to find it

### Digital Copy

- Saved a digital version (PDF or scanned copy)
- Stored in a secure digital location (password manager, digital vault, or secure cloud folder)
- Noted the storage location somewhere my executor can access

### Delivery Decision

- Decided whether to share this letter now or hold it for later
- If sharing now: told the recipient it exists and arranged how they will receive it
- If holding for later: noted delivery instructions with my estate documents

### Notes on Delivery

Who should receive this, and when:

---

Any instructions for my executor or a trusted person:

---

Storage location of the digital copy:

---

## You started. That matters more than you know.

The people who will one day read what you wrote are not hoping for perfection.  
They are hoping it exists.

---

---

### Ready to go deeper?

*These Memorial Merits resources were written for exactly where you are now.*

#### Should Tomorrow Never Come

*Legacy Edition*



[a.co/d/0807fKx6](https://a.co/d/0807fKx6)

#### How to Legacy Journal

*200+ Prompts & Memory Writing Ideas*



[a.co/d/0g0ur78A](https://a.co/d/0g0ur78A)

---

*Sanctuary, not sales floor.*

**[memorialmerits.com](https://www.memorialmerits.com)**